

# Community Resources for Those Impacted by Corona Virus (CoVid-19)

Updated 3/24/2020

Contact Lisa Yoder, Summit County, to update resources: (435) 333-1536 [lyoder@summitcounty.org](mailto:lyoder@summitcounty.org)



**Park City Community Foundation** is offering a fund which people can support people impacted by CoVid- 19. Funds are for health and social service nonprofits in Greater Park City and will be deployed with community feedback and as fast as possible.

Contact: **Community Response Fund**, Diego Zegarra, 801-419-3393, [diego@parkcitycf.org](mailto:diego@parkcitycf.org)  
<https://parkcitycf.org/communityresponsefund/>



**Christian Center of Park City** has community services in response to CoVid-19. Click here for info: <https://www.ccofpc.org/covid-19-response/>

Food Pantries in Park City and Heber

For those who need food, please sign up here: <https://www.ccofpc.org/fighting-hunger/>

Basic Needs Assistance

If you need rent assistance, help with utility bill, power bill, click here: <https://www.ccofpc.org/basic-needs-assistance/>

Counseling and Wellness Services available:

Existing patient, please contact your therapist directly.

New patients and those with questions regarding your appointment, please contact Heather Ledbetter, our Counseling Center Administration, Monday - Friday, 8 a.m. - 4 p.m. Call 435-649-2260, ext. 1 or email her at [counseling@ccofpc.org](mailto:counseling@ccofpc.org).

**If you find yourself in crisis, please call 833-995-1295 or go to the Access Center at the LDS Hospital in Salt Lake City, the Park City Hospital or the Heber Valley Hospital.**

**Basic Information for SNAP (Food Stamps)** SNAP offers nutrition assistance to buy healthy food. You may be eligible for the Supplemental Nutrition Assistance Program (SNAP) but you need to talk to an eligibility specialist about your eligibility.

1. You are encouraged to apply for SNAP today.
2. Benefits start with the day of application.
3. Website: <https://jobs.utah.gov/customereducation/services/foodstamps/index.html>

**Park City School District** will provide free "[grab-and-go breakfast and lunch bags](#)" at Ecker Hill Middle School and Treasure Mountain Junior High, from 7:30 AM to 11:00 AM, Monday through Friday as long as the school dismissal lasts.

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## North Summit School District PICK UP Breakfast and Lunch for current North Summit students

To arrange to PICK-UP breakfast and lunch meals packed in sacks, email Robin Wilde @ [rwilde@nsummit.org](mailto:rwilde@nsummit.org) by 7:00PM for the next days meals. In your email to Robin please include **student's name, food restrictions, contact information, and any questions you may have**. We are unable to take payment at the time of pick up. We are only able to provide lunches for current North Summit Students, and breakfast for Elementary and Middle school Students.

All lunch pick-up will be at the **North Door of North Summit Middle School**. Robin will provide pick-up times in her email response back to you.

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## South Summit School District Student Meals During School Dismissal

**IF YOU NEED A SCHOOL LUNCH YOU MUST EMAIL [tclegg@ssummit.org](mailto:tclegg@ssummit.org) or call 435-783-4301 Ext. 3310.** Please remember that you can pick up lunch and breakfast each morning starting Wednesday, March 18 through Friday March 20th and the week of March 23rd - March 27th from 8:00 a.m. to 11:00 a.m. at the SS Middle School. If you are unable to pick up lunch/breakfast, please email [tclegg@ssummit.org](mailto:tclegg@ssummit.org) or call 435-783-4301 Ext. 3310 and she will make alternative arrangements. Meals are free for all students.

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## Saint Mary's Catholic Church, Park City, UT

Contact: Killian Beeler via cell phone 903-521-8934

- Rental and utility assistance payments may be available
- Food bank stocked with canned, non-perishables and staple items. Currently open Tuesdays, 12:00 PM – 4:00 PM at their Old Town Chapel, 121 Park Ave, Park City, UT (435) 649-9676
- Mothers' Ministry – Serving new and expectant mothers and can provide formula.

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**Utahns Against Hunger** has compiled a list of information SNAP (Food Stamps), WIC, Senior Congregate Meals, a **County-Level listing of Food Resources** and School Meals information at

[UAH's Newsletter](#)

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## Resources for Summit County Senior Citizens

With the temporary closing of Senior Centers, packed meals will be available for pick up. Call before 9:30 AM to order meals that will be distributed at each Senior Center as follows:

South Summit Senior Center (Kamas): Monday and Thursday at 12:00 pm

Park City Senior Center: Monday and Thursday at 1:00 pm

North Summit Senior Center (Coalville): Wednesday and Friday at 12:00 pm

A suggested donation of \$3.00 for each meal will be accepted and appreciated.

To arrange meal delivery to those who cannot pick them up, call Jessica Wilde 2 days prior to pick-up day at (801) 644-1343 or (435) 336-3014.

North Summit Senior Center

435-336-2622

150 Park Rd., Coalville, UT

Email: [nsseniors@summitcounty.org](mailto:nsseniors@summitcounty.org)

South Summit Senior Center

435-783-4311

110 N Main Street #4, Kamas, UT

Email: [ssseniors@summitcounty.org](mailto:ssseniors@summitcounty.org)

Park City Senior Center

435-649-7261

1361 Woodside Ave, PC

Email: [pcseniors@summitcounty.org](mailto:pcseniors@summitcounty.org)

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**MAG, Aging & Family Services** is coordinating delivery of home-delivered meals for seniors age 60 and older throughout Summit County. Also, coordinates the HEAT program for utility assistance. This is an income eligible program. Links to information about guidelines and how to apply online are included on our website. The website is [www.mountainland.org/aging](http://www.mountainland.org/aging) and [www.mountainland.org/heat](http://www.mountainland.org/heat).

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**Salt Lake Region Small Business Development Council** is offering COVID-19 Disaster Assistance for Small Business

- For companies that currently have a 7(a) or 504 business loan, you may be able to defer payments on your loan for up to six (6) months if your company is experiencing temporary cash flow issues during this COVID-19 crisis. To determine eligibility, contact the lending institution that is currently administering your loan, or contact Don MacMillan at the SBA Utah District Office at 801-524-3226 [donald.macmillan@sba.gov](mailto:donald.macmillan@sba.gov).
- Small businesses that are adversely affected by this COVID-19 crisis, and are not able to obtain credit elsewhere, may be able to qualify for an SBA Economic Injury Disaster Loan. These loans have an interest rate of 3.75%. Proceeds can be used to pay fixed debts, payroll, accounts payable and other items that cannot be paid due to the crisis. For more info., go to <https://www.sba.gov/disaster-assistance/coronavirus-covid-19> or contact SBA's disaster contact assistance service center at 1-800-659-2955 or [disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov).

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**Adobe** is offering free for the next 90 days Adobe Connect, which is a free video and phone conferencing resource for up to 25 participants. Please feel free to take advantage of this if you need it <https://blogs.adobe.com/adobeconnect/2020/03/adobe-connect-extending-support-in-the-wake-of-covid-19.html>

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## **Disaster Distress Helpline**

Substance Abuse and Mental Health Services Administration provides the [SAMHSA's Disaster Distress Helpline](#). This is a 24/7, 365-day-a-year, national hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents in the United States and its territories. Stress, anxiety, and other depression-like symptoms are common reactions after a disaster.

The helpline is staffed by trained counselors that can help provide crisis counseling for people in emotional distress related to ANY natural or human-caused disaster (both COVID-19 & the Magna earthquake). They can provide information on how to recognize distress and its effects, tips for healthy coping, and referrals to local crisis centers for additional follow-up and care.

**Call 1-800-985-5990 or text TalkWithUs to 66746 to connect with a trained crisis counselor. <https://www.samhsa.gov/find-help/disaster-distress-helpline>**

## **Deaf/Hard of Hearing**

- Text TalkWithUs to 66746
- Use your preferred relay service to call 1-800-985-5990
- TTY 1-800-846-8517

## **Spanish Speakers**

- Call 1-800-985-5990 and press "2"
- From the 50 States, text Hablanos to 66746
- From Puerto Rico, text Hablanos to 1-787-339-2663
- En Español<<https://www.samhsa.gov/find-help/disaster-distress-helpline/espanol>>

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## **Resilience and Well Being During Corona Virus**

- Intermountain Employee Assistance Program: 1-800-832-7733 (Video Counseling Sessions Available)
- Suicide Prevention Lifeline – 1-800-273-TALK
- Primary Care Provider/Connect Care - 844-624-4686